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MANGEZ SANDWICHES

ORGANIC TOP SIRLOIN

Medium rare organic top sirloin. Swiss cheese, slices of fresh tomato, lettuce, mayo

SMOKED CHICKEN SALAD

Smoked breast of chicken. Mangez special blend mayo, fresh red peppers and lettuce

CLASSIC CREAMY EGG

Chunks of softly boiled eggs, blended with our own hand-made mayo, diced pickles and spring onions

HAM AND CHEESE ON RYE

Fresh shaved ham, Swiss cheese, lettuce, tomato, mustard and mayo

YELLOW FIN TUNA AND DILL

Chunky tuna salad, home-made Caesar dressing, dill, celery and pickles

MANGO CHICKEN

Freshly Roasted breast of chicken, blended with mild curry and mango mayo, sweet red peppers, walnuts & lettuce

THE BLT CLASSIC

Crispy Canadian back bacon, fresh tomato, green leaf lettuce, our home-made mayo

TURKEY CRANBERRY

Roasted breast of turkey, homemade mayo, green leaf lettuce and cranberry bread

SMOKED CHICKEN BAGUETTE

Smoked chicken breast. Mangez mayo, marinated sweet roasted red peppers, fresh tomatoes, cucumber, lettuce and cheese baguette

WILD CHINOOK SALMON AND DILL

Chunks of baked wild filets, blended with lemon-dill mayo, red peppers, celery

MANGEZ VEGETERIAN

Cheese, fresh sliced tomatoes, crisp English cucumber, dill pickles and green leaf lettuce

SALADS

Organic Mixed Salad

Organic Mixed Green + Chicken Breast.

Organic Mixed Green + Tuna

Greek Salad Salad

Fresh Fruit Salad

HOMEMADE SOUP, STEW & CHILI

Please, phone ahead for daily selection

Small Soup

Large Soup

Small Stew/Chili

Large Stew/Chili

FRUIT PLATTER

8-12 people

14-18 people

18-25 people

VEG & DIP PLATTER

8-12 people

14-18 people

18-25 people

CHEESE PLATTER

Per person (6 or more minimum)

DESSERT BARS

Fudge brownie

Pecan bar

Home Made Date Bar

Home Made Berry Bar

Lemon Bar

Butter Tart

FRESHLY BAKED COOKIES

Chocolate Chip

Chocolate Chip Pecan

White Chocolate Macadamia

Oatmeal Raisin

OTHER BAKED GOODIES

Banana Loaf

Banana Chocolate Chip Loaf

Lemon Sponge Loaf

Low Fat Cranberry Loaf

Carrot & Date Loaf

Freshly Baked Muffins

*Gluten-free Loaf

COFFEE & TEA SERVICE

Pot of coffee 12 x 8 oz cups

Assorted Teas

Assorted Italian Drinks

Assorted Fruit Juice & Pop