

#120 - 1100 Mellvile Street Vancouver, BC TEL: 604 669 4142 FAX: 604 669 4841 E-mail: mangezmangezcafe@gmail.com

# MANGEZ SANDWICHES

### ORGANIC TOP SIRLOIN

Medium rare organic top sirloin, Swiss cheese, slices of fresh tomato, lettuce, mayo & Dijon on marble rye bread ......\$6.00 ×

#### SMOKED CHICKEN SALAD

Smoked breast of chicken, Mangez special blend mayo, fresh red peppers, roasted pine nuts and lettuce on multigrain......\$ $6.00 \times _{-}$ 

### CLASSIC CREAMY EGG

Chunks of softly boiled eggs , blended with our own hand-made mayo, diced pickles and spring onions on multigrain.....\$6.00 ×

### HAM AND CHEESE ON RYE

Fresh shaved ham, Swiss cheese, I	ettuce, tomato, mustard and mayo on
marble rye	\$6.00 ×

### YELLOW FIN TUNA & DILL

Chunky yellow fin tuna salad, home-made Caesar dressing, dill, c	elery
and pickles on whole wheat bread\$6.00	×

#### MANGO CHICKEN

Freshly Roasted breast of chicken, blended with mild curry and mango	
mayo, sweet red peppers & Lettuce on multigrain\$6.00 ×	

#### THE BLT CLASSIC

Crispy Canadian back bacon, fresh tomato, green leaf	lettuce, our
homemade mayo on multigrain bread	\$6.00 ×

#### TURKEY CRANBERRY

Roasted breast of turkey, homemade mayo, cranberry sauce, green leaf lettuce on multigrain bread......\$6.00 × \_

### SMOKED CHICKEN BAGUETTE

Sliced smoked chicken breast, Mangez mayo, marinated sweet roasted red peppers, fresh tomatoes, cucumber, lettuce and Monterey jack cheese on sour dough baguette.....\$6.00 ×

### WILD CHINOOK SALMON AND DILL

Chunks of baked wild salmon filets (we do not use farmed salmon) blended with lemon-dill mayo & Caesar dressing on multigrain.....\$6.00 × \_

#### MANGEZ VEGETARIAN

Dill cream cheese, fresh sliced tomatoes, crisp English cucumber, dill pickles and green leaf lettuce on multigrain.....\$6.00 × \_

# **Catering ORDER FORM**

Company name	Contact Name Tel
Delivery date l	Delivery address
Method of payment: Cash C	n Account Cheque Master Card Visa
Card #	Exp/ Name on card

If you would like your sandwiches on a platter, check here

What time would you like your delivery: 11.00-11.30 11.30-12.00 12.00-12.30 other

### SALADS

Thai Noodle Salad With Chicken\$5.75 ×
Organic Mixed Green Salad\$4.25 ×
Organic Mixed Green + Chicken Breast.\$7.50×
Fresh vegetables with our Mangez dip\$5.95 ×
Greek Salad Salad\$5.50 ×
Fresh fruit salad\$4.75 ×

# HOMEMADE SOUP, STEW & CHILI

Please, phone ahead for daily selection	
Small Soup	\$4.25 ×
Large Soup	\$5.25 ×
Small Stew/Chili	\$5.00 ×
Large Stew/Chili	\$5.99 ×

### FRUIT PLATTER

5

8 – 12 people	\$30 ×
14 – 18 people	\$45 ×
18 – 25 people	\$60 ×

## **VEG & DIP PLATTER**

8 – 12 people	\$28 ×
14 – 18 people	\$40 ×
18 – 25 people	\$55 ×

### **CHEESE PLATTER**

per person (6 or more minimum)......\$6.50 × \_\_\_\_

# Fudge brownie.....\$2.80 × \_\_\_\_

**DESSERT BARS** 

Pecan Bar	\$2.80 ×
Home Made Date Bar	\$2.80 ×
Home Made Berry Bar	\$2.80 ×
Lemon Bar	\$2.80 ×
Butter Tart	\$2.80 ×

# FRESHLY BAKED COOKIES

Chocolate chip\$1.95 ×	
Chocolate chip pecan\$1.95 ×	
White chocolate macadamia\$1.95 ×	
Oatmeal raisin\$1.95 ×	

# **OTHER BAKED GOODIES**

Banana Loaf\$2.50 ×
Banana Chocolate Chip Loaf\$2.50 ×
Lemon Sponge Loaf\$2.50 ×
Low Fat Cranberry Loaf\$2.50 ×
Carrot & Date Loaf\$2.50 ×
Freshly Baked Muffins\$2.50 ×
* Gluten-free Cookies\$2.50 ×
* Gluten-free Loaf\$2.50 ×
COFFEE & TEA SERVICE

#### COFFEE & TEA SERVICE

TOTAL\$
GRATUITY (Optional)\$
Assorted Fruit Juice & Pop\$1.80 ×
Assorted Italian Drinks\$2.85 ×
Assorted teas\$1.75 ×
Pot of coffee 12 × 8 oz cups\$19.00 ×

SPECIAL INSTRUCTIONS OR REQUESTS:

\$35 minimum order • \$10 delivery fee may be applicable • Courier service can be arranged All our prices include plates, napkins, milk, cream, sugars, stir sticks, cups etc. To ensure we complete your order promptly, please call Mangez after faxing. When we've received your faxed order, we'll call you back to confirm all the details.